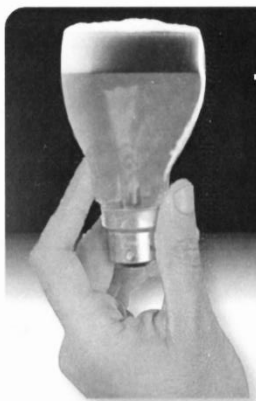


HESSETT,

(or indeed, Hedgesset), is a parish in the hundred of Thedwestry, county Suffolk. It is 5.5 miles south-east of Bury St Edmunds, its post town, 8 miles north-west of Stowmarket, and 2.5 miles south-east of Thurston railway station. It was given by Earl Ulfketel to Bury Abbey, and subsequently belonged to the family of Bacon, ancestors of the celebrated Lord Bacon.

The village church is dedicated to St Ethelbert and has a tower containing five bells. The interior of the church contains some stained windows, and a small chapel in the North aisle containing a monument to Colonel Aldrich; it also contains tombs of the Bacons, who built the church.

The Five Bells pub was built in several phases during the 16th and 17th centuries and has been added to and improved through the 18th, 19th, 20th and 21st centuries. Its name originates from the five bells in the tower of St Ethelbert's Church which is opposite. The pub and also the pub sign are Grade II listed.



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Hessett Real Ale

*Celebrating the best
of East Anglia!*



Festival
Programme

Saturday 14th May 2011-12:30 to 10:00pm
Five Bells Public House Hessest IP30 9AX



*As the organisers of
'Hessett Real Ale'...*

*The Hessett Millennium Committee
are indebted to the following
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have helped to make this event
possible.*



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Welcome!

to the very first
Hessett Real Ale festival!



Why are we having this event? It's not really to celebrate the start of British Summertime – though that is a good enough reason.

Suprisingly perhaps, it is not even to celebrate the anniversary of Spandau Ballet's only number one album.

No!

The Hessett Millennium Committee wants to provide an opportunity for local people to sample and compare a range of beers brewed throughout East Anglia and served in a natural way.

We've been amazed at the amount of support the day has received from our many generous sponsors who are listed opposite. We are especially grateful to Dave & Louise of the Five Bells who have provided us with the use of this excellent venue.

No less, the local brewers whose wares you can enjoy for yourself, together with the team of helpers who have worked to plan the event and prepared the ales which they are probably serving you with now!

We would like to mark our grateful thanks to these many folks who have helped make the day a success.

But above all, many thanks to YOU for coming along today to taste, watch and generally join in the fun. We hope you have a memorable day!

Kelly Ashford
Chairman, Hessett Millennium Committee



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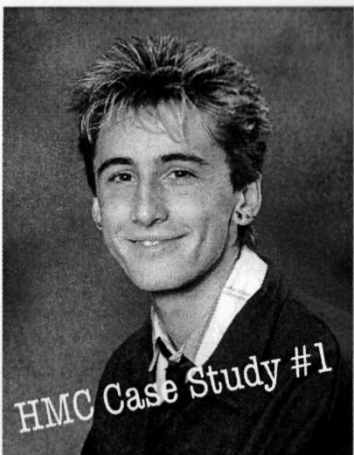
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Website: <http://hgtanks.co.uk>

Contact Chris Glass
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Mobile 07860 352739

The Street, Hessett, Bury St Edmunds, Suffolk IP30 9AZ

On this day...

- | | | |
|------|-----------------------------|--|
| 1998 | Frank Sinatra dies | American singer Frank Sinatra dies at the age of 92 |
| 1994 | Football – FA Cup | Manchester United beat Chelsea 4-0 In the FA Cup final at Wembley, |
| 1991 | Winnie Mandela imprisoned | Winnie Mandela is sentenced to six years in prison for her part in the beating of three young blacks and the death of a fourth |
| 1988 | Football – FA Cup | Wimbledon beat Liverpool 1-0 In the FA Cup final at Wembley |
| 1983 | Music – Spandau Ballet | 1983, Spandau Ballet scored their first and only UK No.1 album with 'True.' |
| 1981 | Football – FA Cup | FA Cup replay Tottenham Hotspur beat Manchester City 3-2 |
| 1964 | River Nile diverted | The Egyptian and Russian leaders end phase one of the construction of the Aswan High Dam by blowing up a huge sand barrage to divert the course of the Nile. |
| 1957 | Petrol Rationing ends | Relief across the country as the Paymaster General announces restrictions on fuel consumption imposed during the Suez crisis are to be lifted. |
| 1948 | State of Israel established | The independent state of Israel is proclaimed as British rule in Palestine ends |
| 1926 | Eric Morecambe born | Comedian Eric Morecambe, real name Bartholomew, was born in Morecambe |
| 1900 | Olympics | 'World Amateur Championships' start in Paris |
| 1727 | Thomas Gainsborough born | Thomas Gainsborough was born in Sudbury, Suffolk. He was the youngest son of John Gainsborough, a weaver and maker of woolen goods. His most famous works, such as Portrait of Mrs Graham; Mary and Margaret: The Painter's Daughters; William Hallett and his Wife Elizabeth, nee Stephen, known as The Morning Walk; and Cottage Girl with Dog and Pitcher, display the unique individuality of his subjects |



KELLY ASHFORD
CHAIRMAN, HMC

Born 6th Sep 1971 and from those early beginnings in Thurston, agreed with parents to move to Hessest in 1979.

After equally deep consideration, I went to school at Thurston Primary, Beyton Middle and Thurston Upper Schools. During this time I matured my interests in Football – playing at county level and even once had a trial at Ipswich. I became a big fan of the local team as well – Man Utd.

Rollerskating – I would go to Rollerbury about 4-5 times a week. Also me and my mate Fordy were well into breakdancing but I have had to promise not to prove that fact!

My best mate while growing up (and probably still is), would be Andrew Tipple, another Hessest boy. A hardened U2 fan, they were the first band I saw live at Wembley '87. I have

developed to like most music, but especially Rock. It seems that I have been married to Sarah for an eternity, sorry ... 19 years. Our two kids are, Danielle 16 and Joe 14.

Having spent these formative years developing a delicate palate, my favourite food hovers between a nice curry or a good roast dinner. My favourite TV programme ever has to be *Only Fools and Horses*. and my favourite comedian is Lee Evans whom I saw at Ipswich before he became mega famous, hysterical.



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Festival Beer Board ...

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HESSETT FESTIVAL ALE 3.7

Elgood's Brewery:

A copper coloured refreshing bitter. A full bodied beer brewed using a blend of Rye Crystal and Crystal malt for a tawny hue.

ADAM'S ALE 3.8

Bartram's Brewery:

Light on the hops but extremely malty. A session beer if ever there was one!

All proceeds from this brew will be donated to Help for Heroes in memory of Lance Corporal Adam Drane (24/07/86 - 07/12/09) of First Battalion, Royal Anglian Regiment

CAMBRIDGE BITTER 3.8

Elgood's Brewery:

A mid brown bitter with a good balance of malt and hop character. This ale is blended with Torrified wheat, Invert sugar and a small amount of roast barley, to ensure consistent colour.

UMBEL ALE 3.8

Nethergate Brewery:

A pleasant, easy drinking bitter infused with coriander, which dominates

BREWER'S GOLD 4.0

Crouch Vale:

Pale, golden ale with a striking citrus nose. Sweet fruit and bitter hops are well matched throughout.

GOLDEN NEWT 4.1

Elgood's Brewery:

A full-flavoured, pale, session bitter with a prominent hop character. The lavish use of late hop dominates the malt flavour.

SILVER ADDER 4.2

Mauldon's Brewery:

A light coloured bitter with five hop and malt combinations giving a refreshing, crisp finish.

BROADLAND SUNRISE 4.2

Humpty Dumpty Brewery:

Broadland Sunrise is red-orange in colour and is brewed with additions of crystal malt and rye, giving it a complex malty flavour and a refreshing dry finish. The beer is hopped with a combination of English and North American hops, giving it a refined bitterness well balanced against the complexity of the malt bill.

PISTON BOB 4.6

Tydd Steam Brewery:

Malt and faint hops on the aroma progress through to a malty flavour complemented by a balance of hops and fruit. A long, dry finish rounds off this amber strong bitter.

OLD GROWLER 5.0

Nethergate Brewery:

Well balanced porter in which roast grain is complemented by fruit and bubble-gum.

CYCLOPS 5.3

Milton Brewery:

Deep, copper-coloured ale, with a rich hoppy aroma and full body; fruit and malt notes develop in the finish.

CROAK AND STAGGER 5.8

Frog Island Brewery:

After an initial bitter, roasted taste, the full-bodied and robust malt flavours become more pronounced. These are complemented by the sweet, spicy character of Cascade hops and the bitterness of Tar.



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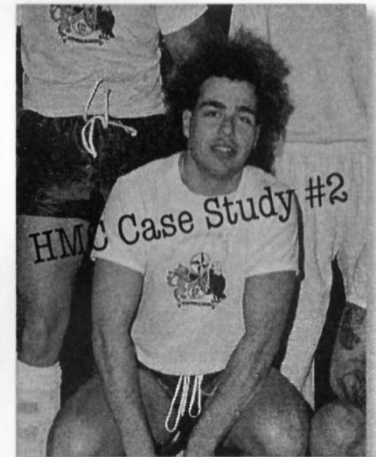
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NAME: PAUL PETTITT
 TASTING OFFICER, HMC

At a very young age Paul became interested in sport – although looking at him back then you certainly wouldn't have guessed! It wasn't long before his 'Billy Bunter' physique earned him a call up to the school rugby team where he honed his 'bowling ball' technique in knocking down all of the smaller kids. This was to catch him up later in life as he peaked at a massive 5' 6". All the smaller kids kept growing and took great pleasure in seeking their retribution, many Saturday evenings were spent in the A&E department of the local hospital. Paul soon realized that having several pints of real ale before being taken for stitches was more than adequate anaesthetic. His love of the sport was not deterred and to this day the wonky nose, cauliflower ear and many scars remain evidence of these fine times.



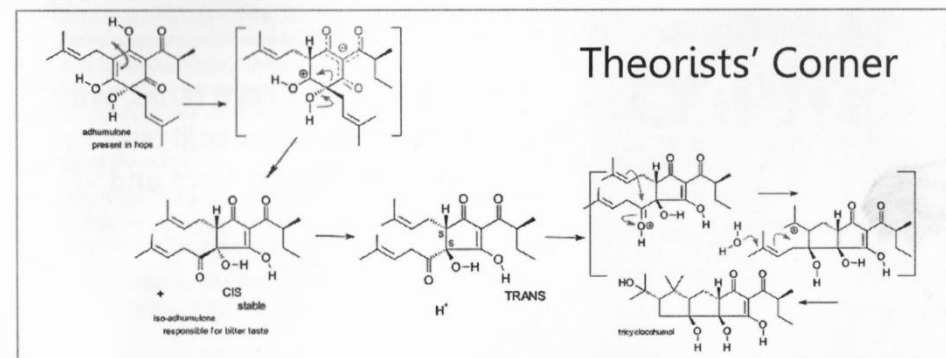
Paul's running exploits began as a teenager and his first "fun run" was indeed in the village of Hessett. Oddly enough the race started and finished at the pub. Since then he has completed many marathons, but don't ask him about them though because he'll never shut up.

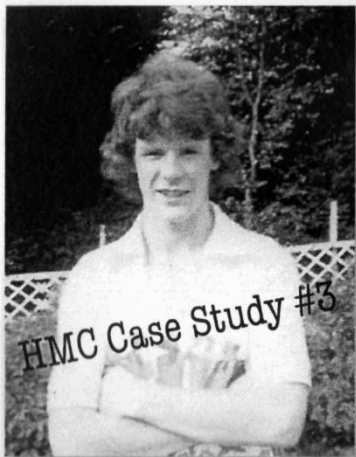
In his first flush of youth Paul could be found at the local nightclub, dressed in a white suit (imagine a cross between Miami Vice and Saturday Night Fever) where he practised his dance moves fuelled by the odd Pina Colada or two. Paul went through many jobs growing up and as a teenager could be often found behind the twin decks of a mobile disco, sporting the bang on trend, 'council orange' dungarees, and sipping perilously on Scrumpy. Other jobs included a junior butcher, making the best bangers in town, and part-time fireman, with many a happy hour spent playing with his hose! Like his father and grandfather before him his love of real ale finally led him to a lengthy career at the local brewery.

His major achievement has got to be the fact that – oh wait, I don't actually think he has had any major achievements... *awkward silence*.

Ah yes! He has had the privilege of playing football on the lush green pitch of the new Wembley. Since then he has dreamt that he had a calling from Mr Capello, which turned out to be in reality, "hey fat-boy, get off my land!" He has also had the pleasure of playing rugby on the hallowed turf of Twickenham, which is fairly impressive.

What we can deduce from all of this is that whilst he's been a bit of a lad, he is a great man to be on the Hessett real ale committee, so three cheers and bottoms up!





NAME: TONY EDWARDS
VICE-CHAIRMAN, HMC

Born in Leyton, East London, in 1961 Tony adopted football as his main sporting interest from a very early age. Tony's football development was inspired by the silky skills of Division Four's Leyton Orient where the famous Ray Goddard, Terry Mancini and Laurie Cunningham (to name but a few of the 'greats') plied their trade. It was against this backdrop that Tony, at the tender age of 9yrs old, wrote to the then Leyton orient Manager, Jimmy Bloomfield, to offer his services as a goalkeeper. Unfortunately personal terms could not be agreed (LOFC would not budge on the supply of chocolate ice cream) so a potential 'big find' (and I was big!) was lost to Leyton Orient.

Tony became a journeyman footballer spending time as a schoolboy with Spurs before having a couple of seasons in goal with Leytonstone Utd reserves before his career culminated by playing in the semi-final of the Ilford & District League Cup for the mighty Prince of Wales. Tony spent many seasons with PoW, gracing the mud fields of Wanstead Flats and Hackney Marshes before hanging-up his boots in 1997.

Discovering the delights of real ale in the mid-eighties, Tony soon discovered that the size of his waist line was increasing in direct proportion to the number of pints and follow-up currys consumed.

In 1987 Tony met his future wife – a young, slim, spirit drinking lass who had no idea about real ale, curry or red wine. The perfect challenge lay ahead. By the time they married in 1988 Tony had taught Clodagh all about the nuances of a fine ale, a cheeky Merlot and decent Chicken Dhansak.

A Volvo-owning real ale and curry lover, Tony headed to Hong Kong in 2001 where he quickly learned how to tell the difference between Guacamole and Wasabi (don't be fooled by the same green colour!). Although not much in the way of ale was available, Tony's fondness of curry took him to interesting eateries in the back streets of Hong Kong island where he found dishes that were best left untranslated but tasted heavenly!

In 2003 Tony and his family left London and headed to Hessest. His first night in his new home was a revelation – stars do come out at night! Seven years on Tony and his family are still in awe of the beautiful Suffolk countryside and keep asking why they didn't discover it sooner.

Having supped many an ale, Tony suggested to the HMC that they try a real ale festival as a fund-raiser. As the chief organiser there may be a flaw in his plan – when will he find the time to sample the ales on offer?

Enjoy the festival!

Envirostore UK Ltd wishes the Hessest Millennium Committee every success for their Real Ale Festival

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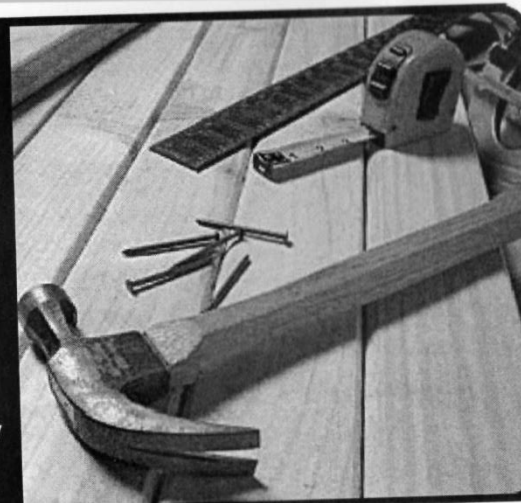
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DAVE AND LOUISE ANTHONY
PROPRIETORS, THE FIVE BELLS HESSETT

Hello and welcome to *The Five Bells Steak & Seafood House* for the first 'Hessest Real Ale'. Louise and I are proud to support the Hessest Millennium Committee (HMC) with this event as we share the same values for the pub – community, engagement and involvement. Since taking over the Five Bells in July 2010 we have received an amazing welcome. We were looking for a challenge and by bringing a combination of fresh ideas and our past experience to Hessest, we certainly found that challenge!

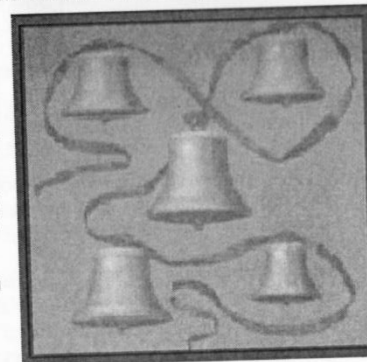
Louise and I have many ideas and are constantly speaking to villagers and the HMC to test our theories. Community events are an important aspect of village life, which is why we welcome the experienced input from the HMC who have successfully organized events such as fêtes, jazz nights and perhaps the most famous of them all – the annual fireworks.

For many villages the local pub is the only source of many services including social drinking, conversation and a good meal. As many rural villages are losing their pub, we want to look at what else we can provide. In the near future, we are launching a new concept in dining, so watch out for our official launch; we also have many other plans for bringing the community back together. These include opening a small general store which will include a butchers and fishmongers, and with enough support we may well be able to add a small post office. These are ambitious plans, and will take time to implement, but we are confident that they are achievable. Our food is already proving to be very popular since January, proving a quality meal does not need to be expensive. These changes also mean our Sunday Roast is now booked up well in advance so we feel confident that people now like what we do. As diners keep coming back for more, it seems booking ahead is advisable these days, for any day of the week!

We really hope that *Hessest Real Ale* is a great success. The hard work put in by the guys really does deserve great support, and hopefully will be the start of something new for the village.

We hope you enjoy the festival. If you do, tell others. If you don't, tell Tony Edwards! (his words, not ours).

Dave



Twenty useful terms to help you blag your way through any deep discussion with a brewer ...

- 1) **Wort** Pronounced 'wert', this is used to describe "raw" beer – beer that has not yet had yeast added to it. Wort is essentially just sugar (from malted grains) and water.
- 2) **Liquor** A term used among beer brewers to refer to the water used in their recipes.
- 3) **Base Grain** Any malted grain (usually barley) that is used as a source of fermentable sugar in wort and that must be mashed to extract the sugar. For example, pale malt, wheat malt and Munich malt are all base grains.
- 4) **Specialty Grain** Grains that are used primarily for flavor, aroma, body or color. Generally, these malts do not require mashing for their purposes. The most common specialty grain is crystal malt. The name 'crystal' comes from the malting and kilning processes which crystallize the sugars in the grain. Therefore, the starch in the grain has already been converted to sugar. Other specialty grains include Special-B, chocolate malt and roasted barley.
- 5) **Grist** The total amount of grain to be mashed.
- 6) **Mash-Tun** A vessel, usually a large pot or picnic cooler, used to mash grains in.
- 7) **Mash** In all-grain brewing, this is the process by which water and crushed grains are mixed at controlled temperatures to form the wort. This process is used to convert the starch in the grain to fermentable sugar that the yeast will then consume to produce alcohol. The term mash can also be used as a noun to refer to the mixture of water and grain.
- 8) **Conversion** The process of converting starch to sugar. Full conversion is achieved when all available starch is converted to sugar.
- 9) **Infusion Mash** A mash in which the temperature is controlled by using or adding hot (or cold) water to the mash. A single-infusion mash is one in which only one addition of water is used.
- 10) **Mash-In** The process of mixing the grain and water together in the mash-tun.
- 11) **Strike Temperature** This is the temperature of the mash water when it is first mixed with the grain.
- 12) **Saccharification Rest** The process of allowing the mash to stay at a controlled temperature (usually 145-158F) until all available starches are converted to sugar (usually 30-120 minutes).
- 13) **Iodine Test** A test used by brewers to determine whether full conversion has been achieved. A small amount of wort is removed from the mash-tun and mixed with a drop of tincture of iodine. If the iodine remains red, conversion is complete. If the mixture turns blue, more time is needed.

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- 14) **Mash-Out** The process of raising the temperature of the mash to 165F. The mash-out stops enzyme activity and raises the temperature to a good level for sparging.
- 15) **Sparge** The process of rinsing spent (mashed) grains with hot water to extract fermentable sugar from the spent grains.
- 16) **Lauter** The process of separating the sweet wort from the spent grain. This term means essentially the same thing as sparging.
- 17) **Lauter-Tun** A vessel, usually a large pot, picnic cooler or bucket used to separate sweet wort from spent grains. Many brewers use the same vessel as a combination mash-tun/lauter-tun.
- 18) **Efficiency** The term, usually expressed as a percent, used to describe the amount of sugar extracted from the grain in a brew system relative to the maximum amount that can be extracted. In extract brewing, efficiency is 100% because all of the sugar in the malt extract goes directly into the kettle. In all-grain, brewing, efficiency is always less than 100% because brewers cannot separate all of the sugar from the grain during sparging. It is useful in determining the amount of grain a brewer needs to mash to achieve a desired target gravity.
- 19) **Cold Break** After all of the wort has been collected, it is cooled rapidly so that proteins and other material that would produce off-flavors in the beer coagulate at the bottom of the brewing kettle.
- 20) **Trub** All of the solid stuff left in the brew kettle after the boil.